

Honduras 2019 Season Medical Report (Forest and Marine)

Category	Description	N Cases	Nature of illness/injury	Treatment and action taken	Cases/1000 person days
1	Death	0	N/A	N/A	0
2	Emergency evacuation with subsequent repatriation for medical attention	0	N/A	N/A	0
3	Non - Emergency evacuations	0	N/A	N/A	0
4	Hospital Treatment required in the local area	20	Minor head injury, infected splinter wound, urinary tract infection, dehydration, viral infection, parasitic infection, ear barotrauma, vertigo, perforated ear drum, knee trauma.	Specialist appointments made and medication administered as necessary. All participants continued with the expedition.	2.68
5	Treatment on site - serious illness/injury	4	Bat bite, rodent bite, allergic reaction to wasp sting, head injury with brief loss of consciousness.	Vaccinations received for mammal bites and bandaged for recovery, wasp allergy treated with medication, patient with head injury monitored throughout night and administered medication. All participants continued with the expedition.	0.54
6	Treatment on site - moderate serious illness/injury	20	Staphylococcus skin infection, gingivitis, dislocated knee from prior injury, prolonged dizziness, chest pain, fatigue.	Staphylococcus infection treated with antibiotic and gingivitis resolved with improved oral hygiene. General monitoring of patients exhibiting dizziness, pain and fatigue with medication administered as required. All issues were resolved on-site and participants continued with the expedition.	2.68
7	Treatment on site - minor illness/injury	183	Minor gastrointestinal problems, common cold, dehydration, anxiety, cuts, insect bites, blisters, splinters, muscular pain, joint pain, toothache, nosebleed, blocked sinuses, thrush, nausea, ear infections, ear barotraumas, ear perforation, sunburn.	The majority of cases reported were minor gastro-intestinal issues, common colds or dehydration which were resolved within 48 hours, often treated with electrolytes, paracetamol or aspirin. Bites, stings and cuts were treated with antihistamines. Ear and sinus problems were addressed with a combination of antibiotic/anti-inflammatory ear drops/tablets and removal from in-water activities.	24.49
Near miss		0	N/A	N/A	0

Honduras: Staff and students on site for a total of 7471 person days.