



Maths

# Helen Bridges

**Finance Director**



## Profile

I work for ABP as a Finance Director. I play a key role in making long-term financial decisions regarding the company's future, oversees financial operations and ensure compliance with regulations.

## Career so far

Courtaulds  
Synthomer  
Smith +Nephew  
ABPorts

## Advice to take away

it's absolutely fine not to know what you want to do yet—but it is important to keep your options as broad as possible for as long as possible.

## Education

**Broad range of subjects at GCSE**

**Geography, German and  
Economics at A-Level**

**German, Economics with International  
Business at University of Surrey**

## About ABP

**UK's largest port operator with 21  
ports**

**Owned by 5 global blue-chip pension  
companies**

**Our ports contribute £15 billion+ to  
the UK economy and support  
200,000+ jobs.**

## Pathways

**Chartered Accountant**

**Chartered Certified Accountant**

**Chartered Management Accountant**

