

WEEKLY NEWS

EVER TO EXCEL

Dear Parents/Carers,

11+ Entrance exams - 20th, 24th & 27th September

I would like to wish all the Year 6 students taking our entrance exam the very best of luck for this Saturday. We have over 300 applicants registered to sit the entrance examinations. I recognise that this event causes a heavy volume of traffic in Caistor and does cause issues for residents during test dates. We do our best to avoid this by making them aware of the steps that we take. (For example, we encourage parents to car share). If you are coming to school on the test dates, please would you park respectfully, being mindful of the letter that is sent to all candidates giving directions about where to park.

Macmillan Coffee Morning, Friday 26th September

Our annual Macmillan Coffee Morning will be held on Friday 26th September and we warmly welcome Parents/carers and friends to join us in the Old Hall, between 10am and 12pm or, if you can't make it, to contribute by baking cakes to support this excellent cause. There will also be the opportunity for students to purchase cakes at morning break and we kindly request that students have cash with them on Friday to be able to purchase and support this worthy cause.



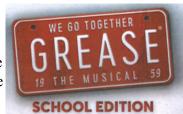
Friends of Caistor Grammar School, Fashion Show, 2nd October

You are invited to join the Friends as they host a Fashion show in School on 2nd October. Please see the poster information below.

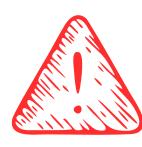
Shona Buck, Headteacher

Grease is the word! LOW TICKET ALERT!

Don't leave it too late to get your tickets for this year's all-singing, all-dancing CGS production of 'Grease' (Schools Edition) on October 14th/15th/16th, performed at Caistor Town Hall. Tickets are selling like Greased Lightnin', with Thursday night already very close to being sold out, and Tuesday and Wednesday not far behind. Tickets are available from the Caistor Grammar School SumUp page which can be found by clicking on this link.



Tickets available NOW!



Parking

We are increasingly concerned about dangerous and inconsiderate parking around the school during drop-off and pick-up times, as well as during school evening events. This poses a serious risk to the safety of our students, creates unnecessary disruption for local residents, and has led to a growing number of complaints. In particular, vehicles parked along narrow roads such as Church Street and Bank Lane are causing significant obstruction. These roads must remain clear at all times to ensure access for emergency vehicles. We urge all parents, carers, and visitors to park responsibly and considerately. Please make use of designated parking areas and avoid stopping in no-parking zones, across driveways, or in ways that restrict access for others.

KEY DATES

- 20.09.25 11+ Entrance Exams; Silver DofE Expedition departs 6.30am
- 21.09.25 Grease Rehearsal, 10am-4pm, Old Hall
- 22.09.25 House Netball & Football, at lunch all week; Silver DofE Expedition returns 8pm; Trustee Meeting
- 24.09.25 11+ Entrance Exams, after school
- 25.09.25 Y12 UKMT Challenge
- 26.09.25 Macmillan Coffee Morning 10-12pm
- 27.09.25 11+ Entrance Exams
- 28.09.25 Grease Rehearsal, 10am-4pm, Newbolt Centre

School Council & Sixth Form Council

Last week, students in Y8 – Y13 were involved in the Hustings to gain the support of their peers for a place on the School Council and Sixth Form Council, and this week students voted for who they wanted to represent their Form group.

I am delighted to share with you the School Council and Sixth Form Council for 2025-26. We will have our first meeting on Monday 22nd September for School Council Members, and on 29th September for the Sixth Form Council. The Senior Prefect Team, who chair the meetings, have already been discussing ideas for the 2025/26 School Council Development Plan and look forward to receiving suggestions from students via their School Council Representatives.

Year 7 will have their Hustings in a few weeks, allowing them a little longer to settle in. Those who are successful will join the School Council after the October half-term holiday.

25 /26 School Council

Year	Form	Representative		
	W	твс		
7	Х			
	Υ			
	Z			
	Х	Abigail Olorunsola		
8	Υ	Kimberley Waters		
	Z	Arnav Singh		
9	Х	Richie Mathews		
	Υ	Elijah Murray		
	Z	Adam Konopinski		
10	Х	Darcey Smith		
	Υ	Sounak Roy		
	Z	Alex Clark		
11	Х	Max Sedaghat		
	Υ	Daniel Marston		
	Z	James Dennett		
	12SM	Jayden Bluku		
	12VS	Maya Smykowski		
Sixth Form	12FC	Dipangshu Bhattacharya		
	12PD	Isal Perera		
	13KB	Reuben Smith		
	13RHG	Zara Zafar		
	13RDH	Bradley Minall		
	13JM	Ilias Briscoe		

25/26 Sixth Form Council

12SM	Manpreet Padda		
12VS	Arjun Babu		
12FC	Yevhenii Yechyn		
12PD	'Mo' Muhammad Abdul Wasay		
13KB	Saraya Nijjar		
13RHG	Jack Parker		
13RDH	Tia Hagan		
13JM	Ruby Middleton		



Year 7 Social Evening

Last Friday, we held our annual Year 7 Social Evening. Year 7 were invited to stay in school and enjoy an evening of fun, giving them the opportunity to mix and meet more students across their year group. On this September evening, we once again had a packed timetable of games and activities where students were encouraged to work together to solve problems, share their general knowledge as quizzers and then finally enjoy a dance at the disco. The School Catering Managers provided an excellent evening meal, which was enjoyed by all. As usual we had a brilliant team of 6th former students who joined in enthusiastically to show what life at CGS is all about. Miss Turner, Head of Lower School, has asked me to thank parents for their prompt collection of the children at the end of the evening.

I would like to thank Miss Turner, for organising the event and the Year 7 tutors, Mrs Binks, Mr Jones, Mr Aby and Mr Cooke, as well as Mr Moloney, Mr Croft, Mrs Ellerby and Mr Kemshall for leading activities and supporting the event.

ATTENDANCE INFORMATION

Reporting Unplanned Absences

Please remember to report your child's absence before 9am on each day of the absence. This prevents parents from receiving a safeguarding phone call from our Attendance Team. Email is the best way to report an absence: absence@caistorgrammar.com

Reporting Planned Absences

Please can parents also complete the relevant online form alerting us to planned absences **as soon as you know**. It does take time to process these, so, as a guide, where possible please try to give us at lest 3 days notice for a planned medical absence and at least a week for absences that are classed as exceptional circumstances. The relevant documents can be found by going to our website at www.caistorgrammar.com (go to the parents' tab where you will find the 'Key Documents and Forms' section, which includes both the medical absence form and exceptional circumstances form).

Please also be aware that, in order to authorise medical appointments, we now require supporting evidence. This must be sent to absence@caistorgrammar.com.

We are seeking fluent French speakers interested in volunteering some time to practice conversation with our students. Your involvement would greatly enhance their confidence and enjoyment in learning French.

Please note, volunteers with a current DBS check and registered with the DBS update service are preferred.

If you or someone you know would like to help, please contact us at enquries@caistorgrammar.com or share the facebook post to help our search! Thank you for supporting our students' language journey!



The Friends of Caistor Grammar School are always keen to welcome new members to the group and are appreciative of any support which you might be able to offer. For more information please send an email to **friends@caistorgrammar.com** or <u>click here to complete an expression of interest form</u>. We look forward to hearing from you and meeting you soon.





Careers Bulletin on Sway!

A reminder that you can access our Careers Bulletin using this link on <u>Sway</u>, where you will see upcoming events and opportunities.

COMMUNICATION INFORMATION SENT THIS WEEK

- Planned lock down update, sent to all
- Y10 information evening documents (via MCAS)
- Y11 Information Evening documents (resent via MCAS)
- Y10 & 11 Biology Revision Guides (via MCAS)
- Y10 & 12 History Revision Guides (via MCAS)
- Year 10 students for Holocaust (hard copy)
- Year 12 students involve in the silver dofe expedition this weekend (hard copy)
- Year 8 and 10 students in in the Netball/Football quads (hard copy)



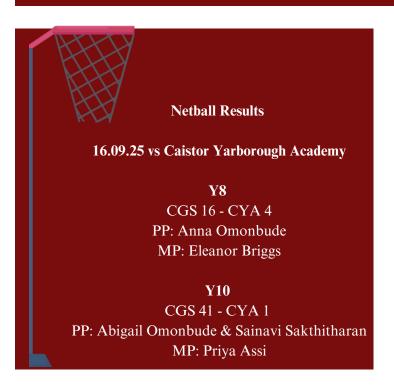
This will take place in the Church on 9th October. Prize winners will be informed next week and we would be delighted if you would join us. If invited, please complete the form using the QR code provided.

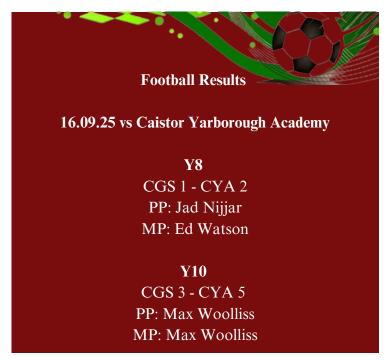


Jake Newell, who recently ran for his County in the County Championships held in Nuneaton. Jake gained first place in the Under 13 boys 100m sprint, running a personal best of 12.6 seconds and also earned first place in the Under 13 boys, 200m sprint with a personal best of 26.7 seconds.

Sofia Phillips, who has recently been selected for the Lincolnshire Under 14 Girls Cricket Squad.

Very well done to both students!







GOFFEE MORNING

(ALL PROCEEDS GO TO MACMILLAN CANCER SUPPORT)

FRODAY 26th SEPPEM



CAISTOR GRAMMAR SCHOOL
CHURCH STREET
CAISTOR
LINCOLNSHIRE
LN7 6QJ



CAISTOR GRAMMAR SCHOOL WILL BE PARTICIPATING IN MACMILLANS CANCER SUPPORT'S COFFEE MORNING.

IF YOU WOULD LIKE TO BUY SOME DELICIOUS CAKE BAKED BY THE SCHOOL COMMUNITY AND HELP A FANTASTIC CHARITABLE CAUSE, PLEASE COME TO THE MAIN GATE OF SCHOOL BETWEEN IOAM AND IZPM

CARD PAYMENTS ACCEPTED

MAIN GATE



10AM - IZPM

MACMILLAN CANCER SUPPORT

FASHION SHOW

AT CAISTOR
GRAMMAR
SCHOOL
OPEN TO EVERYONE

\$5 INCLUDES WELCOME DRINK

2ND OCTOBER STARTING AT 6:00 PM

MODELS WILL SHOWCASE HIGH STREET BRANDED CLOTHES

PURCHASED DISCOUNTED PRICE AFTER THE SHOW

TICKETS CAN BE PURCHASED ON M CAS OR CONTACT NANCY ON 07912211049



Caistor Grammar School The menu is subject to change



	Week 1	Week 2	Week 3	Week 4
Monday	Chicken or Quorn Korma in Flat Bread	Pork or Quorn Sausage Bun	Chicken or Quorn Burger	Pork Meatball or Quornball Sub
Tuesday	Pork or Quorn Sausage & Yorkshire Pudding	Chicken or Quorn Pie	Beef or Quorn Savoury Mince Yorkshire Pudding	Beef or Quorn Mince Pie
Wednesday	Chicken or Quorn Pasta	Beef or Quorn Pasta Bolognaise	Ham Pasta Bake or Macaroni Cheese	Pulled Pork Bun or Macaroni Cheese
Thursday	Beef or Quorn Chilli & Rice	Southern Friend Chicken or Quorn Wrap	Chicken or Quorn Korma & Rice	Beef or Quorn Taco
Friday	Pizza	Fish or Veggie Fingers & Chips	Pizza	Chicken or Quorn Escalope & Chips

Meals above are available with potatoes and vegetables

Homemade soup of the day & roll
Homemade dessert
Freshly made sandwiches, wraps and buns
Panini's (added extras at additional cost)
Toasties
Salads (added extras at additional cost)
Fresh Fruit
Jacket potatoes (fillings at additional costs)
Quiche
Potato and Vegetables

Morning Break

Pain au Chocolat
Croissant
Buttered Toast
Cheese on Toast
Bacon Bun
Sausage Roll
Hash Browns
Vegan Sausage Roll

Available Daily

Variety of Cakes
Variety of Biscuits
Variety of Savoury
Snacks
Fresh Fruit
Yogurts
Sausage Rolls
Chicken Bites

Drinks

Water
Flavoured Water
Capri Sun
Juice Carton



Sixth Form 'Coffee Club'

Hot Chocolate
Latte
Tea
Coffee

Snapchat



What is Snapchat?

Snapchat is a messaging app where users (13+) can send and receive messages, videos and pictures

Disappearing messages

Snapchat's servers are designed to automatically delete all Snaps after they've been viewed. These disappearing messages create the perfect conditions for cyberbullying, online predators, and secretive behaviour that's hard to track. Just because the messages 'disappear' from the chat, screenshots still allow them to be saved

Location Sharing

Sharing your location Potential Dangers:

- Safety Concerns
- Stalking and Harassment
- Unwanted Attention
- Privacy Violations
- Account Compromise
- Obsessive Behaviour

"Ghost Mode" allows you to hide your location on the Snap Map, making it invisible to other users, and can be turned on and off or set with a timer.

Potential risks

- sharing of harmful content
 - contact with strangers
- grooming
- cyber bullying
- image sharing

Further information





Reporting and Blocking

On Snapchat, you can report concerning content or accounts by pressing and holding on the content or the Snapchatter's name and selecting "Report". Blocking a user prevents them from viewing your Story, sending you Snaps, or chatting with you.

Family Centre

Family Centre helps parents get more insight into who their teens are friends with on Snapchat, and who they have been communicating with, while still respecting their teens' privacy and autonomy.

Parents can -

- View their child's friends list
- See which profiles have been newly added
- See who their teens have recently interacted with
- · Limit their child's exposure to sensitive content
- Report any concerning profiles to Snapchat



What is Instagram?

Instagram is an image and video sharing app.
Users (13+) can create a public or private
profile where they choose to share their own
content, with their followers

Reporting and Blocking

On Instagram, you can report content, messages or users that violate the platform's guidelines, and you can block users to prevent them from interacting with you

Teen Accounts

It is important to make sure your child selects the correct age when setting up their account

Teen accounts (13-17) automatically have the following

- Private accounts
- Only followers can message you
- Ability to filter harmful content
- Set to hide potentially offensive comments and messages
- Sleep mode
- Daily time limits
- Pre chosen topics to explore

Instagram



Further information





Supervision

Instagram supervision, a feature within Meta's Family Center, allows parents and guardians to support their teens (ages 13-17) on Instagram

Parents can see-

- the amount of time their teen spends on Instagram
- · which accounts their teen is following.
- which accounts are following their teen.
- which accounts their teen is currently blocking.
- their teen's account privacy setting.
- · their teen's message request setting
- their teen's sensitive content setting.

Parents can also -

- Set a time limit for how long their teen can use Instagram and/or Threads each day.
- Set up sleep mode to limit their teen's use of Instagram during selected days and hours.

PARENT WEBINAR







WEDNESDAY 24TH
SEPTEMBER
6-7PM
MICROSOFT TEAMS

HELP MY CHILD
HAS SHARED A
NUDE?? NEXT
STEPS AS A
PARENT
LINCOLNSHIRE
COUNTY COUNCIL
STAY SAFE TEAM

Help, my child has shared a nude! Would you know how to respond?

Internet Matters research into image based abuse found that 13- to 17-year-olds were most likely to turn to a parent if they received an unwanted nude image or video.

Join Lincolnshire County Council Stay Safe Team as they discuss what you might experience as a parent if your child has shared a nude, how to guide your child and the support services that can help.

