Certificate in Equestrian Coaching Level 2

What will this Qualification allow me to do?

This qualification will qualify you to operate as an equestrian coach in the general riding environment. You will be able deliver and evaluate coaching sessions. You will be qualified to work as a coach independently.

What will I learn?

You will develop your knowledge of the technical coaching requirements for general riding.

As you complete the qualification, you will enhance your understanding of the role and responsibilities of the equestrian coach, as well as those around you, ensuring your coaching is safe and inclusive. You will plan, deliver, and review a series of coaching activities that are safe and effective, as well as linked and progressive in nature in order to develop riders' performance within the specific discipline of being coached.

Assessment

Your assessment will involve a number of written tasks to test your knowledge of the role & responsibilities & your abilities as an equestrian coach operating at this level, including multiple choice and short answer questions, observation whilst delivering pre-planned coaching activities, both on the flat & over jumps, and a self-evaluation to identify areas for future improvement.

What can I do next?

This qualification sits within a suite of other coaching qualifications and as you develop as a coach you may wish to complete other coaching qualifications at higher levels such as the CIEC Lv3 or another sport specific alternative.

Registration and Certification Requirements

To *register* onto the qualification learners must:

- be at least 17 years of age, AND
- be able to communicate effectively in English, AND
- be able to evidence knowledge of the management of the health & wellbeing of horses, AND
- be able to evidence the ability to competently walk, trot and canter (with and without stirrups) and show an awareness of the horse's way of going, AND
- be able to evidence the ability to safely lunge a horse in walk, trot and canter, as a warm up for a ridden coaching session AND
- hold a CIEC Level 1 qualification or equivalent coaching qualification, AND
- be able to evidence having actively coached on a regular basis in the previous 12 months OR
- be able to evidence previous coaching experience/qualifications in equestrian sport or an alternative sport, AND
- be able to evidence having actively coached on a regular basis in the previous 12 months

Prior to being *certified* learners must:

- be at least 18 years of age, AND
- be able to evidence the ability to safely lunge a rider on a horse for rider improvement, AND
- have attended a recognised safeguarding workshop (not online), AND
- hold a current recognised first aid qualification (minimum 2 Day Course)

Please note:

Evidence of knowledge of the management of the health & wellbeing of horses may include:

- a recognised horse care qualification, e.g. British Horse Society (BHS) Stage 2 Horse Knowledge and Care / Stage 2 Foundation Groom, Pony Club B Test Horse and Pony Care or other similar level qualification, OR
- a witness testimony from a suitably qualified person, e.g. BHSII (or Stage 4 Senior Coach*), UKCC Level 3 Coach, PC A Test holder or equivalent

Evidence of the ability to competently walk, trot and canter (with and without stirrups) and show an awareness of the horse's way of going may include:

- a recognised riding qualification, e.g. PC B Test Riding, BHS Stage 2 Ride or similar level qualification, OR
- a witness testimony from a suitably qualified person, e.g. UKCC Level 3 Coach, PC A Test holder or equivalent, BHSII (or Stage 4 Senior Coach*) OR

- video evidence of riding in walk, trot and canter (with and without stirrups) and over small (85cm) fences, OR
- a competition record, e.g. British Eventing (BE), British Dressage (BD), British Showjumping (BS)

Evidence of the ability to safely lunge a horse may include:

- a recognised lunge qualification, e.g. PC Lunge Test, BHS Stage 2 Lunge or equivalent, OR
- a witness testimony from a PC AH or A Test Assessor or BHS Lunge assessor, OR
- video evidence of the ability to lunge in walk, trot and canter, including safely warming up the horse, safe handling of the horse and safe handling of the equipment (including correct fitting/use of side reins)

Evidence of the ability to lunge a rider safely on a horse for rider improvement may include:

- a recognised qualification in lungeing a rider, e.g. BHS Stage 2 Teach, BHS PTT Lungeing the Rider unit (Unit 2), OR
- a witness testimony from a BHS PTT assessor / Stage 2 Teach assessor, a BHSI (or Stage 5 Performance Coach*) or BHS Fellow, OR
- video evidence of the ability to give a safe lunge lesson for the improvement of a rider

Safeguarding workshops recognised include:

- UK Coaching Safeguarding and Protecting Children (NB this is the only qualification accepted by SportScotland)
- BEF Safeguarding Course

First aid qualifications recognised include:

- FAW 3 Day Course
- BHS Initial First Aid 2 Day Course